

REUSE FABRIC - MAKE A SHIFT DRESS

Course Summary

To reuse existing fabric from home to produce a cute top with a bum-covering hem or a simple, sophisticated knee length dress. Your fabric may be cotton lawns or poplins, light weight denims, chiffon, silk, crepe, linen, viscose, or even jersey. Suitable for UK sizes 8-22 This course will equip you with essential skills you will use in many makes to come! We hope that it will change your mindset about reusing fabric in the home. What you will learn: • Measure yourself to decide which size to make • Cut fabric using a pattern • Sew straight, neat seams with the correct seam allowance. • Finish raw edges on the inside of your garment • Attach a facing (sleeveless option) • Finish a hem • Make a garment from scratch! Additional information for courses held at Fearon Hall: Fearon Hall is in Loughborough town centre. There is no car parking on site, but it is close to the town centre shopping car parks. The Rushes (LE11 5BG) is a 5-minute walk. There is time restricted parking in the road outside and in the nearby streets. It is possible to buy a temporary permit (£1) from the centre whilst visiting or attending classes, which is valid in the designated parking zone. The centre will issue a map of the zone. Important information: the course is held is on the 1st floor and access is by stairs only

Experience/Skills Required To Join This Course

The course is suitable for beginners and improving dressmakers alike. Beginners will enjoy making a simple sleeveless top or dress. If you are building your dressmaking skills, then you can try a more complex frill sleeve version. Confident dressmakers can try the frill and long sleeve combination. You must have recent experience of using a sewing machine as you will not be taught how to use a machine/thread up a machine.

What Is The Course About?

The aim of this course is to reuse fabric you have at home to make a shift dress. You may have existing clothes too good to throw away, or household items such as table cloths, curtains, duvet covers that could be used to make a garment. Learn how to make a simple curved hem top or dress reusing the fabric you already have. It could be more than one item that you can use to combine fabrics. This course is supported by the Love Your Clothes programme. www.loveyourclothes.org.uk and aims to work towards reducing the carbon footprint of fast fashion.

For The Session(s) You Will Need:

The fabric for your dress. Beginner: Lightweight Linen, Cotton lawn, Cotton, Crepe, Scuba Improver: Chiffon, Viscose, Silk. Medium weight jersey, Sequins If you unsure about the amount, please contact the tutor prior to the course Additional cost/resources Matching thread 1 button 10-15cm narrow ribbon for the button loop 50cm light weight fusible interfacing 1m bias binding for the sleeved version

How Will I Know How I Am Getting On?

Written & photographic records · Feedback from the tutor · One to one & group discussions. Peer assessment. Learner diary.

Support For Your Learning

Once you start, if you have further queries and/or support needs, please talk to the tutor. We also offer support to help people with learning difficulties and/or disabilities. If you have a disability, learning difficulty, health problem or mental health difficulty that may affect your learning or participation, please contact us for further advice.

For More Information And How To Enrol

If you need more information, want to discuss levels and course content, or wish to enrol, you can call into our local centres, call our Enrolment Team, or for some courses, you can enrol online. If you need help with your choice of learning, training, career, work and life goals, please book an appointment with one of our Learning and Work Advisors who can provide free, 1:1, impartial advice. Call our FREEphone 0800 988 0308.

The Adult Learning Service Also Offers Courses In

• Computing and ICT • Personal Development, including Arts and Leisure • Languages, British Sign Language, and ESOL • Maths and English • Skills for Jobs • Apprenticeships and Traineeships • Family Learning • Programmes for Adults with Learning Difficulties and/or Disabilities

Minimum Numbers

If the required minimum number of learners is not reached we cannot guarantee that the course will run. We will try to advise you 5 working days before the course start date if this is the case.

Online Learning

If you are enrolling for an online/blended learning course: It is important to check the detailed course information prior to enrolment to ensure you have suitable equipment and software. You will also need a reliable internet connection to participate in this course. If you are not sure about the requirements or have any queries or questions please get in touch with our enrolment staff using the contact details provided. Please note that online courses may be recorded and shared with adult learning staff for quality assurance purposes.