



# WELLBEING SATURDAYS - UPCYCLING FURNITURE TECHNIQUES

### **Course Summary**

The course is designed to help learners develop a sense of design and creativity when transforming an old or tired piece of furniture into something new and exciting.

## **Experience/Skills Required To Join This Course**

No previous skills or knowledge needed.

#### What Is The Course About?

This one day course will be an overview on how to spot an upcycling project. You will learn what you need to do to transform a small piece of furniture, or upcycle an old lampshade. This could be done by using Chalk Paint, learning how to create a contrasting stencil and transform your upcycling project into something new. Or perhaps you might be interested in learning decoupage to decorate your piece. Your tutor will contact you prior to attending this course to discuss your individual needs and project work. The tutor will also share many tips and useful information for you to continue upcycling further pieces in your own time.

## For The Session(s) You Will Need:

A pen and pad will be needed. Your project work will be discussed with the tutor beforehand so that you will be given a full list of tools/items to bring with you.

#### **Additional Costs And/Or Resources:**

There will be additional costs to be paid depending on the project chosen.

#### **How Will I Know How I Am Getting On?**

Progress and achievement of tasks will be given verbally by the tutor through 1-1 discussions. Completion of projects and photographic evidence.

#### **Support For Your Learning**

Once you start, if you have further queries and/or support needs, please talk to the tutor. We also offer support to help people with learning difficulties and/or disabilities. If you have a disability, learning difficulty, health problem or mental health difficulty that may affect your learning or participation, please contact us for further advice.

#### For More Information And How To Enrol

If you need more information, want to discuss levels and course content, or wish to enrol, you can call into our local centres, call our Enrolment Team, or for some courses, you can enrol online. If you need help with your

choice of learning, training, career, work and life goals, please book an appointment with one of our Learning and Work Advisors who can provide free, 1:1, impartial advice. Call our FREEphone 0800 988 0308.

# The Adult Learning Service Also Offers Courses In

• Computing and ICT • Personal Development, including Arts and Leisure • Languages, British Sign Language, and ESOL • Maths and English • Skills for Jobs • Apprenticeships and Traineeships • Family Learning • Programmes for Adults with Learning Difficulties and/or Disabilities

## **Minimum Numbers**

If the required minimum number of learners is not reached we cannot guarantee that the course will run. We will try to advise you 5 working days before the course start date if this is the case.

# **Online Learning**

If you are enrolling for an online/blended learning course: It is important to check the detailed course information prior to enrolment to ensure you have suitable equipment and software. You will also need a reliable internet connection to participate in this course. If you are not sure about the requirements or have any queries or questions please get in touch with our enrolment staff using the contact details provided. Please note that online courses may be recorded and shared with adult learning staff for quality assurance purposes.