

## **SEWING - REUSE FABRIC - MAKE A SKIRT**

### **01. Who is this course for?**

This is an ideal course for budding new dress makers. We aim to have an impact on the way people think about throw-away fashion. During the workshop you will learn how to: Make the most of existing fabric you have at home. • Measure yourself to decide which size to make • Cut fabric using a pattern • Sew straight, neat seams with the correct seam allowance. • Use interfacing • Make a waist facing or waistband • Create darts or gathers or pleats • Insert a regular zip • Finish raw edges on the inside of your garment • Finish the hem • Make a garment from scratch!

### **02. What will I learn?**

The aim of this course is to reuse fabric you have at home to make a cute, simple skirt in a choice of 2 lengths and 4 styles. You may have existing clothes too good to throw away, or household items such as table cloths, curtains, duvet covers that could be used to make a garment. You may have more than one item that you can use to combine fabrics. This course is supported by the Love Your Clothes programme. [www.loveyourclothes.org.uk](http://www.loveyourclothes.org.uk) and aims to work towards reducing the carbon footprint of fast fashion.

### **03. How will I learn?**

Written & photographic records · Feedback from the tutor · One to one & group discussions. Peer assessment. Learner diary.

### **04. What will I need to bring?**

The fabric for your skirt - you may be able to combine the use of more than one fabric from home to make a skirt. To give you an idea of how much you will need: • For A-line and Pencil skirts: 1m-1.5m of 150cm wide or 1.5m of 110cm wide medium weight cotton/denim/cord or other skirt weight fabric- please bring more if you wish to lengthen the skirt which is designed to finish on the knee. • Optional - 25cm of cotton fabric for contrast waistband facings • For Gathered and Pleated skirts : 1.5m of 150cm wide lightweight cotton, chambray, linen or any other fluid fabric.

### **05. What skills or experience do I need?**

You should have some sewing machine experience to complete this project. This workshop will build on your sewing skills and introduce you to the exciting world of dressmaking. You must have recent experience of using a sewing machine as you will not be taught how to use a machine/thread up a machine.

### **08. How will I be supported in my learning?**

Once you start, if you have further queries and/or support needs, please talk to the tutor. We also offer support to help people with learning difficulties and/or disabilities. If you have a disability, learning difficulty, health problem or mental health difficulty that may affect your learning or participation, please contact us for further advice.