

## **COOKING: INDIAN COOKERY**

### **01. Who is this course for?**

This course will cover an interesting selection of authentic recipes from Indian Cookery. The tutor will share her love and enthusiasm for Indian Cookery using her own personal recipes through her demonstrations and teaching. This is a relaxing and enjoyable course for the complete beginners or for the learners with some knowledge of Indian Cookery. The learners will be able to practice their cookery skills supported and encouraged by the tutor.

### **02. What will I learn?**

The course will help you to discover, cook and taste a range of authentic Indian recipes that you will be able to take home and enjoy. You will have the opportunity to taste different dishes and share your thoughts with the other learners and practice safe food handling in the kitchen.

### **03. How will I learn?**

Observation and feed back by the tutor Discussion and being able to cook the dish again at home. Self assessment including use of your Individual Learning Plan (ILP)

### **04. What will I need to bring?**

Apron, dish cloth, tea towel and pen. The ingredients from the list sent out in the post prior to your course a container/s to take the cooked dish

### **05. What skills or experience do I need?**

No formal qualifications are required - just enthusiasm to have a go!

### **08. How will I be supported in my learning?**

Once you start, if you have further queries and/or support is needed, please talk to the tutor. We also offer support to help people with learning difficulties and/or disabilities. If you have a disability, learning difficulty, health problem or mental health difficulty that may affect your learning or participation, please contact us for further advice.