

## **SEWING - WELLBEING SATURDAYS: INTRODUCTION TO REDWORK EMBROIDERY**

### **01. Who is this course for?**

An outline of Red work and a brief look at the history of its beginnings. Learning the embroidery stitches required. Completing a piece of Red work stitching.

### **02. What will I learn?**

Red work is a form of American embroidery using red for the stitching and calico or Osnaburg to stitch on.

### **03. How will I learn?**

You will have question and answer time and 1 to 1 time with the tutor. Also from your ILP this is a document where you set your goals with the tutor.

### **04. What will I need to bring?**

You will need a basic sewing kit , embroidery needles and a skein of DMC embroidery thread number 815. You can use other shades of red I prefer this one.

### **05. What skills or experience do I need?**

Basic sewing skills and an interest in embroidery.

### **08. How will I be supported in my learning?**

Once you start, if you have further queries and/or support needs, please talk to the tutor. We also offer support to help people with learning difficulties and/or disabilities. If you have a disability, learning difficulty, health problem or mental health difficulty that may affect your learning or participation, please contact us for further advice.