

## **SEWING: SEWING PROJECT WORKSHOP**

### **01. Who is this course for?**

You will learn how to: • Make good use of existing fabric you have at home; • Cut fabric using a pattern or measurements; • Sew straight, neat seams with the correct seam allowance; • Make buttonholes, • Insert a zip; • Finish raw edges on the inside of your item; • Make a useful item from scratch!

### **02. What will I learn?**

The aim of this course is to introduce or refresh sewing skills. Learners will bring a project with them that may just be at the beginning stage or already started. The tutor will support learners to complete their project. In addition, the tutor will offer smaller projects to make useful wearable items or gifts. This is an ideal opportunity to re-use or repurpose fabrics to reduce waste and develop sustainability.

### **03. How will I learn?**

Written and photographic records · Feedback from the tutor · One to one & group discussions · Peer assessment · Learner diary

### **04. What will I need to bring?**

Fabric/clothes (could be repurposed) Lightweight interfacing - 0.5m should be sufficient Thread to match the fabrics A basic sewing kit: small scissors, hand sewing needles, pins, tape measure seam unpicker Stationery is also very useful-pen, pencil, ruler and paper etc You may will also need: • buttons • closed zips

### **05. What skills or experience do I need?**

The items made will build in complexity over the course. Although all the projects are possible to be made with hand sewing, it is preferable to have experience of using a sewing machine to complete the projects more easily.

### **08. How will I be supported in my learning?**

Once you start, if you have further queries and/or support needs, please talk to the tutor. We also offer support to help people with learning difficulties and/or disabilities. If you have a disability, learning difficulty, health problem or mental health difficulty that may affect your learning or participation, please contact us for further advice.