



# **SEWING - REUSE FABRIC MAKE ITEMS FROM OLD JEANS**

### 01. Who is this course for?

To repurpose jeans to prevent them going to landfill. They could be used to create fabric baskets, plated placemats, gardening aprons, bags, coasters, cushion covers. You are only limited by your imagination.

#### 02. What will I learn?

The aim of this course is to reuse jeans in a creative way. This course is supported by the Love Your Clothes programme. www.loveyourclothes.org.uk and aims to work towards reducing the carbon footprint of fast fashion.

#### 03. How will I learn?

Written & photographic records · Feedback from the tutor · One to one & group discussions. Peer assessment. Learner diary

#### 04. What will I need to bring?

Jeans to be repurposed, multiple pairs could add contrast of colour and texture. Matching thread and a basic sewing kit (small scissors, unpicker, hand sewing needles). There may be other notions needed depending on the projects chosen, for example zips or buttons.

#### 05. What skills or experience do I need?

The complexity of the final item will be dependent on the level of ability. You must have recent experience of using a sewing machine as you will not be taught how to use a machine/thread up a machine.

## 08. How will I be supported in my learning?

Once you start, if you have further queries and/or support needs, please talk to the tutor. We also offer support to help people with learning difficulties and/or disabilities. If you have a disability, learning difficulty, health problem or mental health difficulty that may affect your learning or participation, please contact us for further advice.