

SEWING WORKSHOP - MAKE DO AND MEND

01. Who is this course for?

You'll develop sewing machine and hand sewing skills; learn repair techniques such as patching and darning, and how to repurpose fabrics to make new projects.

02. What will I learn?

Have you ever wondered what to do with all those holey socks? Do you wish you could reuse the fabric from those faded T-shirts? On this course, you will learn how to mend holes, repair seams and reuse garments to make useful items. You will learn how to sew on buttons and replace or reuse zips and make your contribution to clothing sustainability.

03. How will I learn?

You'll be able to keep track of your progress with • Written and photographic records • Feedback from the tutor • One to one & group discussions. • Peer assessment • Learner diary

04. What will I need to bring?

Garments that need repair such as socks, T-shirts, dresses and trousers; clothing that is no longer wearable, and textiles such as bed linen to make new items. You will also need a sewing kit which the Tutor will advise you of before the start of the course, and matching thread for your projects. A set of pens, pencils, ruler and scissors is also useful.

05. What skills or experience do I need?

You should have some experience of hand sewing and knowledge of sewing with a machine is an advantage.

08. How will I be supported in my learning?

Once you start, if you have further queries and/or support needs, please talk to the tutor. We also offer support to help people with learning difficulties and/or disabilities. If you have a disability, learning difficulty, health problem or mental health difficulty that may affect your learning or participation, please contact us for further advice.