

COOK, MEET AND EAT - MULTIPLY PROJECT

| Course Name | Start Date | End Date | Site | Total Fees |
|---------------------------------------|------------|------------|-------------------------------|------------|
| Cook, Meet and Eat - Multiply Project | 24/04/2024 | 22/05/2024 | ENDERBY ADULT LEARNING CENTRE | 0.00 |
| Cook, Meet and Eat - Multiply Project | 12/04/2024 | 10/05/2024 | Sileby St Mary'S Centre | 0.00 |
| Cook, Meet and Eat - Multiply Project | 10/06/2024 | 01/07/2024 | Mountfields Family Hub | 0.00 |
| Cook, Meet and Eat - Multiply Project | 22/04/2024 | 20/05/2024 | WIGSTON THE KINGS CENTRE | 0.00 |

01. Who is this course for?

Produce a meal each week using seasonal foods to take home to your family. Discuss ways to reduce food costs and use basic maths skills for a variety of activities. Learn how to use a Slow-Cooker and get a free one at end of course if you attend every week. Free recipe cards & ingredients provided each week. Certificate of attendance at the end of the four week course.

03. How will I learn?

Your tutors will provide feedback at all sessions.

04. What will I need to bring?

A pen and notepad would be useful. All ingredients and equipment will be provided.

05. What skills or experience do I need?

No prior learning is required for this course. Multiply courses are designed for learners who don't already have a L2 maths qualification. Learners with a L2 maths qualification (GCSE Grade 4-9 or A-C or equivalent such as Level 2 Adult Numeracy or Functional Skills) will need to do a quick assessment before joining the course; please speak to our Business Support team to arrange this. Learners need to be aged 19 and above by the course start date.