

SEWING: REUSE FABRIC - MAKE A SHIRT

01. Who is this course for?

During the workshop you will learn how to: • Make a garment from scratch! • Make the most of existing fabric you have at home. • Measure yourself to decide which size to make • Learn the techniques of garment making • Cut fabric using a pattern • Sew straight, neat seams with the correct seam allowance. • Use interfacing in the collar and/or cuffs • Finish raw edges on the inside of your garment • Finish the hem

02. What will I learn?

This course is for budding garment makers. You will be able to make a casual shirt or shacket with a choice of long or short sleeves, with or without pockets. You'll be encouraged to make use of existing fabric such as bedlinen or curtaining to reduce the impact on the environment.

03. How will I learn?

You'll be able to keep track of your progress with: Written and photographic records Feedback from the tutor One to one & group discussions. Peer assessment Individual Learning Plan

04. What will I need to bring?

The fabric for your shirt - you may be able to combine the use of more than one fabric from home to make a shirt. You will need approximately 3m of fabric Matching Gütermann thread or Moon thread Medium weight interfacing 8-10 small buttons. You are also advised to bring your sewing kit with scissors, pins, tape measure, tailor's chalk and hand sewing needles. You may bring your own sewing machine if you wish but course machines are available to use in the sessions.

05. What skills or experience do I need?

You must have recent experience of using a sewing machine as you will not be taught how to thread up a machine or how to use it, but your tutor will guide you if you need reminders or support.

08. How will I be supported in my learning?

Once you start, if you have further queries and/or support needs, please talk to the tutor. We also offer support to help people with learning difficulties and/or disabilities. If you have a disability, learning difficulty, health problem or mental health difficulty that may affect your learning or participation, please contact us for further advice.