



# **INTRODUCTION TO SEWING**

Course Name	Start Date	End Date	Site	<b>Total Fees</b>
Introduction to Sewing	02/10/2024	13/11/2024	COALVILLE LIBRARY	56.82
Introduction to Sewing	29/01/2025	12/03/2025	COALVILLE LIBRARY	56.82

### 01. Who is this course for?

This course is for anyone who wants to learn how to sew. You will gain skills in hand stitching and using a sewing machine. You will learn various sewing techniques and work on small projects which gradually increase with your sewing ability and confidence.

#### 02. What will I learn?

You will learn how to make use of existing fabric you have at home, cut fabric using a pattern or measurements, sew straight, create neat seams with the correct seam allowance, make buttonholes, insert a zip, finish raw edges on the inside of your item and make a useful item from scratch

#### 03. How will I learn?

This is a tutor-led sewing class. Learners will be supported through class demonstrations and 1:1 assistance to develop their skills and create their own pieces. Learners will receive regular verbal and written feedback on their progress. Please avoid taking holidays during the course. Missed lessons can affect funding for adult learning courses.

#### 04. What will I need to bring?

Although there is some equipment (but not fabric) to borrow at the sessions, you are advised to bring your sewing kit with scissors, pins, tape measure, tailor's chalk and hand sewing needles. You may bring your own sewing machine if you wish but course machines are available to use in the sessions. You will need fabric for each project but the tutor will advise you each week what is needed.

#### 05. What skills or experience do I need?

No sewing experience is needed. This course is especially for beginners so you will learn the basics and progress from there.

#### 06. How will I be assessed?

The Learning for Wellbeing curriculum uses formative and summative assessment methods to evaluate learner progress. You will work towards completing a set of class learning targets, as well as your own personal development targets. Targets are reviewed at the middle and end of the course. Informal discussions with the tutor will take place throughout the course, both individually and in groups. Your progress may also be documented through photographic evidence.

### 07. What could I do after this course?

Learning for Wellbeing provide a wide range of sewing courses, including: Starting to Sew with your Sewing Machine, Asian Fashion – Salwar Kameez, Reuse Fabric – Make a Shirt Or why not try something else from the Learning for Wellbeing curriculum. There is a wide range of art, craft, sewing, cookery, dance and creative arts courses for you to continue developing your skills while improving your wellbeing. Courses are available to search on the GoLearn website.

# 08. How will I be supported in my learning?

Once you start, if you have further queries and/or support needs, please talk to the tutor. We also offer support to help people with learning difficulties and/or disabilities. If you have a disability, learning difficulty, health problem or mental health difficulty that may affect your learning or participation, please contact us for further advice.

### 09. Is help available with course fees?

Many of our courses are FREE to all learners. For fee-paying courses, if you are in receipt of state benefits or have a low income (£26,211.90 before deductions) you could be entitled to enrol on your course for FREE, or at a 70% Reduced Fee cost. If your course is accredited (working towards a formal qualification) your course may be FREE if you earn under £25,000 before deductions. Some exclusions apply, eligibility for fee reduction is subject to change, and you may be required to provide evidence of earnings. If the amount you must pay for your course is over £50, we offer instalment plans which break down the cost of learning into a set number of easy monthly payments. If you need help with the wider costs of study, such as childcare, resources, travel, and transport costs, you may be eligible to have these costs reimbursed through our Discretionary Learner Support Fund. Visit us online for more details, and to download the online application form.

# 10. How do I choose the right course for me?

If you are unsure about which course may be right for you, our team of Learning and Work Advisers are on hand to offer FREE and impartial information, advice and guidance on learning and work options available to you. To book your free, confidential, and impartial appointment, please call FREEphone 0800 988 0308 or email LALS.LWA@leics.gov.uk.