

## WELLBEING SATURDAYS: AN INTRODUCTION TO HAND EMBROIDERY

Course Name	Start Date	End Date	Site	Total Fees
Wellbeing Saturdays: An Introduction to Hand Embroidery	08/02/2025	08/02/2025	THURMASTON THE ROUNDHILL ACADEMY	26.18
Wellbeing Saturdays: An Introduction to Hand Embroidery	10/05/2025	10/05/2025	COALVILLE LIBRARY	26.18

### 01. Who is this course for?

This one-day course is aimed at anyone interested in learning how to create beautiful pieces of hand embroidery.

### 02. What will I learn?

You will learn how to create a piece of original picture embroidery, learning techniques including framing up, applique, crewelwork embroidery stitches and beading techniques. Pieces will be available to take home on the day.

### 03. How will I learn?

This workshop combines tutor-led activities with independent learner activities. Learners will be supported through class discussions and 1:1 assistance to develop their embroidery skills. Learners will receive regular verbal feedback on their progress. Please avoid taking holidays during the course. Missed lessons can affect funding for adult learning courses.

### 04. What will I need to bring?

You will need to bring your own small pair of scissors. Please bring a drink and lunch.

### 05. What skills or experience do I need?

This course is suitable for complete beginners and those with some experience in hand embroidery.

### 06. How will I be assessed?

The Learning for Wellbeing curriculum uses formative and summative assessment methods to evaluate learner progress. You will work towards completing a set of class learning targets, as well as your own personal development targets. Informal discussions with the tutor will take place throughout the course, both individually and in groups. Your progress may also be documented through photographic evidence.

### 07. What could I do after this course?

Upon completing this course, you may wish to try one of our longer sewing courses: An Introduction to Hand Embroidery, Introduction to Sewing, Sewing Project Workshop The Learning for Wellbeing curriculum offers a

wide range of art, craft, sewing, cookery, dance and creative arts courses for you to continue developing skills specifically aimed at improving your wellbeing. Courses are available to search on the GoLearn website.

## **08. How will I be supported in my learning?**

We aim to support all learners to succeed. Our tutors will work with all learners to meet individual needs by using a range of resources and teaching methods. When you enrol on your course you will be asked if you have any additional learning needs or disabilities which may affect your learning. This might include physical disabilities, neurodivergent needs (e.g., Autistic Spectrum Disorder, ADHD, dyslexia, or dyspraxia, etc.), visual and auditory impairments, or a medical condition which might affect your learning. Your tutor will contact you prior to joining the course to discuss what support can be put in place. For some learners, this may mean organising extra time in exams or arranging for a Learning Support Assistant to support your learning in class. We also offer a wide range of assistive technology such as reader pens, screen readers, large print keyboards and screens, alongside in-class resources such as coloured overlays, large-print resources and more.

## **09. Is help available with course fees?**

Many of our courses are FREE to all learners. For fee-paying courses, if you are in receipt of state benefits or have a low income (£26,211.90 before deductions) you could be entitled to enrol on your course for FREE, or at a 70% Reduced Fee cost. If your course is accredited (working towards a formal qualification) your course may be FREE if you earn under £25,000 before deductions. Some exclusions apply, eligibility for fee reduction is subject to change, and you may be required to provide evidence of earnings. If the amount you must pay for your course is over £50, we offer instalment plans which break down the cost of learning into a set number of easy monthly payments. If you need help with the wider costs of study, such as childcare, resources, travel, and transport costs, you may be eligible to have these costs reimbursed through our Discretionary Learner Support Fund. Visit us online for more details, and to download the online application form.

## **10. How do I choose the right course for me?**

If you are unsure about which course may be right for you, our team of Learning and Work Advisers are on hand to offer FREE and impartial information, advice and guidance on learning and work options available to you. To book your free, confidential, and impartial appointment, please call FREEphone 0800 988 0308 or email [LALS.LWA@leics.gov.uk](mailto:LALS.LWA@leics.gov.uk).