

WELLBEING SATURDAYS: PAINTING WITH COFFEE

Course Name	Start Date	End Date	Site	Total Fees
Wellbeing Saturdays: Painting with Coffee	16/11/2024	16/11/2024	MELTON LIBRARY	12.71

01. Who is this course for?

This course is ideal both for someone interested in painting, but not possessing paints, and for someone who paints already and would like to try something different. You will be able to see demonstrations, be guided by the tutor to create your own art, and share ideas with the tutor and the other learners on the course.

02. What will I learn?

Using coffee, you will learn to work with different tones of one colour. You will also be able to add texture through adding coffee granules to a wet surface and using pen for mark making. In this session we aim to be introduced to using each medium, be inspired by the natural world to produce an abstract image, and to observe colour perspective to produce a more lifelike image using different tones. Learners will then have ideas they can also take away from the sessions to continue creating.

03. How will I learn?

This is a tutor-led, art class. There will be handouts available, and the tutor will also demonstrate how to achieve effects. As you work on each project the tutor will offer 1-1 help and advice. The course builds up step by step to help your understanding and for you to gain confidence in each area before moving onto the next. Please avoid taking holidays during courses. Missed lessons can affect funding for adult learning courses.

04. What will I need to bring?

For this course you will need to bring instant coffee granules, small pots, brushes – preferably soft bristles as in watercolour brushes and a few different sizes of round ones (ie smaller for more detail), a wash brush (not essential but useful if you have it). Good quality watercolour paper (Daler Rowney or equivalent) kitchen roll, pencil, black biro.

05. What skills or experience do I need?

No experience necessary – this can introduce you to painting using different tones – it is similar to using watercolour paint.

06. How will I be assessed?

The Learning for Wellbeing curriculum uses formative and summative assessment methods to evaluate learner progress. You will work towards completing a set of class learning targets, as well as your own personal development targets. Informal discussions with the tutor will take place throughout the course, both individually and in groups. Your progress may also be documented through photographic evidence.

07. What could I do after this course?

Upon completing this course, you may wish to try one of our other art classes, such as 'Introduction to Drawing and Painting' or 'Drawing and Painting - Mixed Level'. The Learning for Wellbeing curriculum offers a wide range of art, craft, sewing, cookery, dance and creative arts courses for you to continue developing skills specifically aimed at improving your wellbeing. Courses are available to search on the GoLearn website.

08. How will I be supported in my learning?

We aim to support all learners to succeed. When you enrol on your course you will be asked if you have any learning difficulties and/or disabilities which may affect your learning. This might include physical disabilities, neurodivergent needs (e.g., Autistic Spectrum Disorder, ADHD, dyslexia, or dyspraxia, etc.), visual and auditory impairments, or a medical condition which might affect your learning. Your tutor will contact you prior to joining the course to discuss what support can be put in place. For some learners this may mean organising extra time in exams or arranging for a Learning Support Assistant to support your learning in class. We also offer a wide range of assistive technology such as reader pens, screen readers, large print keyboards and screens, alongside in-class resources such as coloured overlays, large-print resources and more.

09. Is help available with course fees?

Many of our courses are FREE to all learners. For fee-paying courses, if you are in receipt of state benefits or have a low income (£26,211.90 before deductions) you could be entitled to enrol on your course for FREE, or at a 70% Reduced Fee cost. If your course is accredited (working towards a formal qualification) your course may be FREE if you earn under £25,000 before deductions. Some exclusions apply, eligibility for fee reduction is subject to change, and you may be required to provide evidence of earnings. If the amount you must pay for your course is over £50, we offer instalment plans which break down the cost of learning into a set number of easy monthly payments. If you need help with the wider costs of study, such as childcare, resources, travel, and transport costs, you may be eligible to have these costs reimbursed through our Discretionary Learner Support Fund. Visit us online for more details, and to download the online application form.

10. How do I choose the right course for me?

If you are unsure about which course may be right for you, our team of Learning and Work Advisers are on hand to offer FREE and impartial information, advice and guidance on learning and work options available to you. To book your free, confidential, and impartial appointment, please call FREEphone 0800 988 0308 or email LALS.LWA@leics.gov.uk