

## EMERGENCY FIRST AID AT WORK - LEVEL 3

Course Name	Start Date	End Date	Site	Total Fees
Emergency First Aid at Work (Level 3)	10/12/2025	10/12/2025	ENDERBY ADULT LEARNING CENTRE	0.00
Emergency First Aid at Work (Level 3)	11/05/2026	11/05/2026	COALVILLE LIBRARY	88.70

### 01. Who is this course for?

The Level 3 Emergency First Aid at Work (RQF) is a practical course suitable for anyone working in a busy workplace setting. This qualification-based course will ensure you have the necessary knowledge and skills to deal with a range of emergency situations. It is delivered as a full 1-day course.

### 02. What will I learn?

Develop your skills in handling a wide range of emergency situations including vital life-saving and resuscitation techniques. The course covers how to: Manage an incident and casualties Carry out an initial assessment of a casualty Place a casualty into the recovery position Carry out resuscitation techniques (CPR and AED/defibrillator use) Relieve a choking adult Control bleeding Deal with shock and fainting Candidates are be expected to complete a range of physical activities to show competency.

### 03. How will I learn?

This qualification is tutor led as a 1-day course, which will comprise of 7 hrs in class, with rest breaks. Your tutor will use a combination of demonstrations, presentations and discussions, with feedback throughout, to guide you through the course content. Candidates will fully interact with others in realistic physical scenarios, complete floor-based activities and use a selection of first aid equipment. Reference materials will be provided to reinforce the topics covered.

### 04. What will I need to bring?

We recommend you bring materials like paper and pens to help you take notes. You will need a drink and lunch/snacks with you as the course is a full day with 30mins for the lunch break. Please wear suitable clothes to participate in floor-based activities. You will be required to bring photo ID to be eligible for the course.

### 05. What skills or experience do I need?

Prior knowledge is helpful but not essential. Candidates will be required to complete a written assignment independently, so you will need to have a good standard of English language, reading and writing to attend this course. Ideally you should hold a level 1 in English. If you are concerned about your English skills, we recommend you speak to your tutor, as we may be able to help. You must be able to perform floor-based activities for this course and to be awarded the certificate.

### 06. How will I be assessed?

Your learning will be assessed throughout the course with physical assessments and by final written testing. If

successful, you will achieve a 'Level 3 Award in Emergency First Aid at Work (RQF)' certificate from the accreditation body Highfield. You will receive a certificate 3-4 weeks after the course which is valid for 3-years. At the end of this course, you will have gained a level 3 qualification from Highfield Qualifications.

## **07. What could I do after this course?**

The Adult Learning service also offers course in, Digital Skills, Personal Development, including Arts and Leisure, Languages, British Sign Language, ESOL, Maths, English, Employability, Apprenticeships and Traineeships, Family Learning, Programmes for Adults with Learning Difficulties and/or Disabilities

## **08. How will I be supported in my learning?**

Once you start, if you have any more questions and/or support needs, please talk to the tutor. We also offer help to people with learning difficulties and/or disabilities. If you have a disability, learning difficulty, health problem or mental health difficulty that could affect your learning or participation, please contact us for more advice.

## **09. Is help available with course fees?**

Many of our courses are FREE to all learners. For fee-paying courses, if you are in receipt of state benefits or have a low income (£27,976.16 before deductions) you could be entitled to enrol on your course for FREE, or at a 70% reduced fee cost. If your course is accredited (working towards a formal qualification) your course may be FREE if you earn under £25,750 before deductions. Some exclusions apply, eligibility for fee reduction is subject to change, and you may be required to provide evidence of earnings. If the amount you must pay for your course is over £50, we offer instalment plans which break down the cost of learning into a set number of easy monthly payments. If you need help with the wider costs of study, such as childcare, resources, travel, and transport costs, you may be eligible to have these costs reimbursed through our Discretionary Learner Support Fund. Visit us online for more details, and to download the online application form.

## **10. How do I choose the right course for me?**

If you are unsure of your next steps, please contact us and one of our team will advise you about our courses or signpost you to other providers if necessary. Please call FREEphone 0800 988 0308 or email [adult.learning@leics.gov.uk](mailto:adult.learning@leics.gov.uk)