



INTRODUCTION TO TAP DANCING

Course Name	Start Date	End Date	Site	Total Fees
Introduction to Tap Dancing	30/09/2025	09/12/2025	ENDERBY ADULT LEARNING CENTRE	66.50

01. Who is this course for?

This course is open to anyone who has always wanted to tap dance. During the course, learners will be taught the basics of tap dancing and then learn how to perform them in short amalgamations and choreographed routines, with lots of support from the tutor and from within the group. The focus of the course is improving health and wellbeing, as well as learning new skills.

02. What will I learn?

On this course, you will learn the basics of tap dancing. The course will develop skills in different techniques, rhythms, performance, and muscle memory. This course will also support you in increasing general fitness, confidence and a feeling of wellbeing through tap dancing in a fun and supportive environment.

03. How will I learn?

This is a tutor-led, beginners dance class. Learners will be supported through class demonstrations and 1:1 assistance to develop their dancing skills. Steps will be taught in simple, manageable sections with clear practical demonstrations from the tutor. Learners will receive regular verbal and written feedback on their progress.

04. What will I need to bring?

Please wear comfortable clothing and well-maintained tap shoes e.g. no protruding screws (if you do not have tap shoes, you should wear solid footwear that will not slip off your feet). You should also bring a towel and a water bottle. There are no additional costs for equipment, unless you would like to work with a specific prop/ item and of course, if you wish to treat yourself to a new pair of tap shoes.

05. What skills or experience do I need?

No experience required. This course is suitable for complete beginners.

06. How will I be assessed?

The Learning for Wellbeing curriculum uses formative and summative assessment methods to evaluate learner progress. You will work towards completing a set of class learning targets, as well as your own personal development targets. Targets are reviewed at the middle and end of the course. Informal discussions with the tutor will take place throughout the course, both individually and in groups. Your progress may also be documented through photographic/video evidence.

07. What could I do after this course?

Upon completing this course, you may wish to try one of our other dance courses, such as 'Adult Tap Dancing – Intermediate Level' or 'Introduction to Ballet for Wellbeing and Fitness. The Learning for Wellbeing curriculum offers a wide range of art, craft, sewing, cookery, dance and creative arts courses for you to continue developing skills specifically aimed at improving your wellbeing. Courses are available to search on the GoLearn website.

08. How will I be supported in my learning?

We aim to support all learners to succeed. Our tutors will work with all learners to meet individual needs by using a range of resources and teaching methods. When you enrol on your course you will be asked if you have any additional learning needs or disabilities which may affect your learning. This might include physical disabilities, neurodivergent needs (e.g., Autistic Spectrum Disorder, ADHD, dyslexia, or dyspraxia, etc.), visual and auditory impairments, or a medical condition which might affect your learning. Your tutor will contact you prior to joining the course to discuss what support can be put in place. For some learners, this may mean organising extra time in exams or arranging for a Learning Support Assistant to support your learning in class. We also offer a wide range of assistive technology such as reader pens, screen readers, large print keyboards and screens, alongside in-class resources such as coloured overlays, large-print resources and more.

09. Is help available with course fees?

Many of our courses are FREE to all learners. For fee-paying courses, if you are in receipt of state benefits or have a low income (£27,976.16 before deductions) you could be entitled to enrol on your course for FREE, or at a 70% reduced fee cost. If your course is accredited (working towards a formal qualification) your course may be FREE if you earn under £25,750 before deductions. Some exclusions apply, eligibility for fee reduction is subject to change, and you may be required to provide evidence of earnings. If the amount you must pay for your course is over £50, we offer instalment plans which break down the cost of learning into a set number of easy monthly payments. If you need help with the wider costs of study, such as childcare, resources, travel, and transport costs, you may be eligible to have these costs reimbursed through our Discretionary Learner Support Fund. Visit us online for more details, and to download the online application form.

10. How do I choose the right course for me?

If you are unsure of your next steps, please contact us and one of our team will advise you about our courses or signpost you to other providers if necessary. Please call FREEphone 0800 988 0308 or email adult.learning@leics.gov.uk