

ESOL - WELLBEING

01. Who is this course for?

This course is for those looking to learn vocabulary for everyday English around health and well-being. All classes are face to face. This course is aimed at improving confidence and developing language skills.

02. What will I learn?

You will be learning English whilst exploring health issues and vocabulary whilst having fun. The course covers understanding body language, communication skills and how to express your wellbeing needs.

03. How will I learn?

The course is a 5-week course. Each session is 2 hours. This will involve tutor led sessions with guided workshops to enable you to look at ways to speak about health and wellbeing and available resources.

04. What will I need to bring?

Please bring writing materials.

05. What skills or experience do I need?

You will need to have a good standard of English language, a minimum of Entry Level 1 Reading and Writing to attend this course. You will also need to have basic ICT/Digital Skills. If you are concerned about your English or IT skills, we recommend you speak to your tutor, as we may be able to help.

06. How will I be assessed?

The course will be assessed informally as it is a short course. This course does not include a formal assessment.

07. What could I do after this course?

Once you complete this course you may want to progress further in your learning journey. Further courses can be found online or speak to reception.

08. How will I be supported in my learning?

We aim to support all learners to succeed. When you enrol on your course you will be asked if you have any learning difficulties and/or disabilities which may affect your learning. This might include physical disabilities, neurodivergent needs (e.g., Autistic Spectrum Disorder, ADHD, dyslexia, or dyspraxia, etc.), visual and auditory impairments, or a medical condition which might affect your learning. Your tutor will contact you prior to joining the course to discuss what support can be put in place. For some learners this may mean organising extra time in exams or arranging for a Learning Support Assistant to support your learning in class. We also offer a wide range of assistive technology such as word processors, screen readers, large print booklets and personal alarm clocks.

or assistive technology such as reader pens, screen readers, large print keyboards and screens, alongside in-class resources such as coloured overlays, large-print resources and more.

09. Is help available with course fees?

Many of our courses are FREE to all learners. Your course may be FREE if you are unemployed or earn under £26,800 before deductions. If you are in receipt of state benefits or have a low income (£28,733.50 before deductions) you could be entitled to enrol on your course at a 70% reduced fee cost. Some exclusions apply, eligibility for fee reduction is subject to change, and you may be required to provide evidence of earnings. If the amount you must pay for your course is over £50, we offer instalment plans which break down the cost of learning into a set number of easy monthly payments. If you need help with the wider costs of study, such as childcare, resources, travel, and transport costs, you may be eligible to have these costs reimbursed through our Discretionary Learner Support Fund. Visit us online for more details, and to download the online application form.

10. How do I choose the right course for me?

If you are unsure of your next steps, please contact us and one of our team will advise you about our courses or signpost you to other providers if necessary. Please call FREEphone 0800 988 0308 or email adult.learning@leics.gov.uk