FIRST AID AND HOME SAFETY

01. Who is this course for?

This course is for parents and carers to help them support their children's learning and development. Families are a child's first and most important teachers; parental support is a key factor throughout a child's education. Children whose parents support their learning and take a keen interest in their education do better at school and in later life. Family Learning helps to promote good relationships within families, offering a second chance for parents to return to learning to develop their own skills and be aware of all the other learning opportunities available. You will be able to: Have fun with your children and get new ideas for things to do as a family, Understand how your children develop and learn and how you can help them grow in confidence, Discover new ways to make learning a fun experience for all, Learn how to manage stress, communicate better as a family, feel more confident and positive and set goals for your future, Share your experiences with other parents and gain ideas, advice and support from each other. NB: If you are interested in this course and it is taking place in a school or Family Hub, this course is for a specific group identified by the venue and not open to general enrolments. If you wish to find out more about courses in schools or Family Hubs and what might be on offer for you, email Family Learning: lals.familylearning@leics.gov.uk

02. What will I learn?

You will learn about how to deal with a First Aid Emergency for a baby, child and adult. Distinguish between a life-threatening and non-life threatening first aid casualty. You will learn how to child-proof your home for different ages and stages. You will: Know how and where to put in safety measures for the home Learn how and when to perform basic first aid including CPR, Recovery position and using a defibrillator Know how to deal with choking, heat exhaustion, swallowing poison plus some childhood illnesses

03. How will I learn?

This course is 6 guided learning hours, delivered as 3 weeks x 2hrs sessions or 4 weeks x 1.5 hrs sessions. This is a Face-to-Face delivery with other learners in a community setting You will have access to online course materials via our Moodle online learning website

05. What skills or experience do I need?

There are no formal entry requirements for Family Learning courses. You do not need any previous experience, knowledge or skills to enrol on this course. You will need to be able to kneel down to perform CPR on the dummies

06. How will I be assessed?

You are assessed in the classroom by the tutor and by your own self–assessment at the start of the course and of individual topics covered. You will be asked to complete an Individual learning Plan and/or keep a diary where you can comment upon the topics you have learned; the progress you feel you've made. Your tutor will feedback to you regularly and may suggest some activities or resources to refer to between weeks attended QR codes or quizzes maybe used to check learning and for the tutor to receive feedback To be successful in completing the course and receive a 'Certificate of Attendance' we do require you to attend all sessions – please talk to your tutor

course and receive a "Certificate of Attendance" We do require you to attend all sessions – please talk to your tutor about individual catch ups. You are expected to attend 90% of the course.

07. What could I do after this course?

The Adult Learning Service also offers courses in: · Computing and ICT · Personal Development, including Arts and Leisure · Languages, British Sign Language, ESOL and Makaton · Maths and English · Skills for Jobs · Apprenticeships and Traineeships · Family Learning · Programmes for Adults with Learning Difficulties and/or Disabilities.

08. How will I be supported in my learning?

Once you start, if you have further queries and/or support needs, please talk to the tutor. We also offer support to help people with learning difficulties and/or disabilities. If you have a disability, learning difficulty, health problem or mental health difficulty that may affect your learning or participation, please contact us for further advice. , We aim to support all learners to succeed. Our tutors will work with all learners to meet individual needs by using a range of resources and teaching methods. When you enrol on your course you will be asked if you have any additional learning needs or disabilities which may affect your learning. This might include physical disabilities, neurodivergent needs (e.g., Autistic Spectrum Disorder, ADHD, dyslexia, or dyspraxia, etc.), visual and auditory impairments, or a medical condition which might affect your learning. Your tutor will contact you prior to joining the course to discuss what support can be put in place. For some learners, this may mean organising extra time in exams or arranging for a Learning Support Assistant to support your learning in class. We also offer a wide range of assistive technology such as reader pens, screen readers, large print keyboards and screens, alongside in-class resources such as coloured overlays, large-print resources and more.

09. Is help available with course fees?

Many of our courses are FREE to all learners. Your course may be FREE if you are unemployed or earn under £26,800 before deductions. If you are in receipt of state benefits or have a low income (£28,733.50 before deductions) you could be entitled to enrol on your course at a 70% reduced fee cost. Some exclusions apply, eligibility for fee reduction is subject to change, and you may be required to provide evidence of earnings. If the amount you must pay for your course is over £50, we offer instalment plans which break down the cost of learning into a set number of easy monthly payments. If you need help with the wider costs of study, such as childcare, resources, travel, and transport costs, you may be eligible to have these costs reimbursed through our Discretionary Learner Support Fund. Visit us online for more details, and to download the online application form.

10. How do I choose the right course for me?

If you are unsure of your next steps, please contact us and one of our team will advise you about our courses or signpost you to other providers if necessary. Please call FREEphone 0800 988 0308 or email adult.learning@leics.gov.uk