

LEARNING FOR INDEPENDENCE - INDEPENDENCE

Course Name	Start Date	End Date	Site	Total Fees
INDEPENDENCE - Independent Living Skills	21/09/2026	28/06/2027	ENDERBY ADULT LEARNING CENTRE	678.00
INDEPENDENCE - Independent Living Skills	22/09/2026	22/06/2027	QUORN RAWLINS COMMUNITY COLLEGE	678.00
INDEPENDENCE - Accessing the Local Area	19/09/2026	12/06/2027	LOUGHBOROUGH MOIRA CENTRE	414.00
INDEPENDENCE - Independent Living Skills	21/09/2026	28/06/2027	THURMASTON ELIZABETH PARK SPORTS CENTRE	678.00
INDEPENDENCE - Independent Living Skills	21/09/2026	28/06/2027		678.00

01. Who is this course for?

Learning for Independence courses are for adults (over the age of 19 years old) with a learning disability.

02. What will I learn?

Independence courses support you to become more independent in your everyday life. Courses available include independent living skills which explore all aspects of independent living such as preparing a meal, planning shopping trips, travel, managing money and looking after yourself and your home. There are also courses which focus on practical skills needed for accessing the local area such as planning activities, travel, money management and communication. Learning activities are supported and include practical activities such as cooking, using local shops and visits in the community. Independence courses support you to achieve your personal goals and develop skills and knowledge that you can use in everyday life such as: independence, making choices, self-advocacy, confidence, self-esteem, speaking-up for yourself, communicating with others, being part of the community and being healthy. It is important that you attend all the sessions of your course – if you can not attend please let us know before the session if possible. It is also important that you attend the sessions on time so that you do not miss any learning or disrupt other learners.

03. How will I learn?

You will be supported throughout your course by a qualified Tutor and a Learning Support Assistant (LSA) who are there to support all learners in the group. If you would like to bring your own personal assistants, either 1-1 or 2-1, to support you in the classroom this can be accommodated. You will have an Individual Learning Plan (ILP) with your own personal learning outcomes. During the course the Tutor will talk with you about your learning and next steps. There will be a mixture of different learning activities including: practical and hands-on learning activities, group discussions, working as a whole group and in smaller groups, community visits, guest speakers, creative learning activities, games and quizzes, presentations, demonstrations, projects and more! Included in all courses is development of skills in English, maths, communication and digital skills at a level that is appropriate.

04. What will I need to bring?

We will provide all the resources that you will need, you can bring your own pens to write with if you prefer but this is not essential. A short comfort break is included in each session so you may wish to bring a drink with you, if your course is longer you may need to bring a packed lunch. For some courses you may need to bring money to cover the cost of ingredients for cooking and sometimes if the learning activities are taking place in the community you may be asked to bring money to pay for activities or to buy a drink or lunch – your Tutor will let you know in advance if this is the case.

05. What skills or experience do I need?

You do not need any prior skills, knowledge or experience to join this course.

06. How will I be assessed?

Your Tutor will talk with you and support you to review your learning and progress towards achieving the personal learning outcomes in your Individual Learning Plan (ILP). We offer accredited and non-accredited course options. On accredited courses you will be working towards an externally awarded certificate awarded by AIM Qualifications and Assessment Group. On all courses you will be supported to create a portfolio of work which will include your own work, photographs and feedback from your Tutor. There are no exams or tests on these courses.

07. What could I do after this course?

As the course comes to an end you will be offered a meeting to talk about what you have learnt and what you might progress onto next. You may wish to progress to other courses and continue learning, use the skills and knowledge you have learnt to become more independent in your everyday life, become more active in your community, start volunteering or move into work.

09. Is help available with course fees?

Many of our courses are FREE to all learners. Your course may be FREE if you are unemployed or earn under £26,800 before deductions. If you are in receipt of state benefits or have a low income (£28,733.50 before deductions) you could be entitled to enrol on your course at a 70% reduced fee cost. Some exclusions apply, eligibility for fee reduction is subject to change, and you may be required to provide evidence of earnings. If the amount you must pay for your course is over £50, we offer instalment plans which break down the cost of learning into a set number of easy monthly payments. If you need help with the wider costs of study, such as childcare, resources, travel, and transport costs, you may be eligible to have these costs reimbursed through our Discretionary Learner Support Fund. Visit us online for more details, and to download the online application form.